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available, is it okay if I just use my Polar heart rate monitor? Angelbaby (2015) Ok I had this test done yesterday and when explaining the test he said I would go to level 4 and once I reached my heart rate I would continue for another minute but I only got to level 3 and he only made me continue for 30 seconds. Why didn't he have me go to level 4 I thought I was doing fine Mitwit angelbaby (2015) Hope you found out. My first ended with the tech saying it looked good. That night I got a call TELLING me to be in the docs office first thing in the morning. I bumped a number of scheduled angioplasty patients a few days later. I later found I had a 99% blockage and the OR techs always ask "so when did you have your heart attack?"...never. Still going after 18 years Cecily Bailey mitwit (2016) I had the test recently and complete to my max heart rate, but hone i finished the Dr. nearly had a fit because my BP was really high...but he also never give me 60 seconds to remeasure my Bp nor did he ask my current conditioning...Does this seem right? Marc (2016) About a year ago I had an eco stress test. I am 53 years old. I lasted about 14 minutes. The eco showed a "mildly" enlarged aorta. 4.3 cm. My doctor said it could have been there for a while or something that is recent. The only way to tell is do another test in a year which I am coming up on? I workout 5 days a week and am in excellent health. A previous heart scan showed no CHD present in my heart. Recently I noticed the my eyes are puffy all of the time. Additionally I have been going to the bathroom more often, especially at night (2-3 times a night). My psa and prostate are normal. I've read that the puffy eyes and frequent urinating could be signs of trouble. Any ideas? Thanks. Rick Marc (2017) I took this test when I was in my 20's and was having PVCs. I have always had what some call a functionally small heart, ie faster than normal heart beat. My max heart rate for the test should have been about 180. when I hit 195 the MD kept asking my " how are you, how do you feel?". I said, "no problem". when my heart rate hit 200 a nurse was standing beside me with paddles in hand and the MD eyes were big and wide. At 210 he shouted, "stop the test" to the tech. Before she could punch the button I was at 220. Panic in the room. slowly my rate dropped. at about 180 the MD asked, "how do you feel"? I said, "Great, let's do it again". He said, "no way". that was 40 years ago. Wj Rick (2020) obviously an overreaction by the staff. if your age is 20 hitting 220 on the treadmill is not that big of a deal. proofs in the living 40 years later. - WJ, Cardiologist

Stages of bruce protocol stress test. What is bruce protocol stress test. Bruce protocol stress test time.